

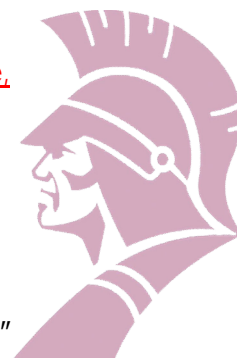
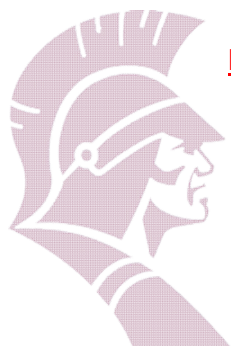
# November 2011

## SJO Youth Wrestling Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Practice 5:30-7:30 Ogden Grade School	<b>2</b> Practice 5:30-7:30 Ogden Grade School	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b> Practice 5:45-7:30 SJO HS	<b>8</b> Practice 5:45-7:30 SJO HS	<b>9</b>	<b>10</b> Practice 5:45-7:30 SJO HS	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> Practice 5:45-7:30 SJO HS	<b>15</b> Practice 5:45-7:30 SJO HS	<b>16</b>	<b>17</b> Practice 5:45-7:30 SJO HS	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b> Practice 5:45-7:30 SJO HS	<b>22</b> H.S. DUAL	<b>23</b> Practice 6:00-7:30 SJO HS	<b>24</b> Thanksgiving	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b> Practice 5:45-7:30 SJO HS	<b>29</b>	<b>30</b> Practice 5:45-7:30 SJO HS			

**\*\*Schedule may be subject to change\*\***

DO NOT arrive at the High School any earlier than 5:30 to start Practice. The SJO High School Wrestling Team has a closed practice. So you will need to wait to come into the gym.



"Attitude is just as important as Ability"